

# **Constitutional Terrains and Entities**

(Experimental Phase 2018)

**Antonella Sini**

**Shin So Shiatsu Italia**

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### **Preface**

Over the last year as a shiatsu practitioner I have noticed in my clients' bodies some 'external elements', which were later called Internal Entities, External Entities and Constitutional Terrains. These last four come from inherited viruses, that S. Hahnemann called miasms<sup>1</sup> (chronic intoxications) or diathesis.

The idea of this research came from direct daily experience with my clients, who helped me clarify the differences between all the phenomena I was perceiving (inherited viruses, external and internal entities). I have also to thank the precious help given me by Dr. Alvise D'Amico, Roberto Sansoni and above all Dr. Francesca Banti.

My research began around a year ago, when I was treating Francesca, who is a Psychotherapist and is also extremely sensitive in perceiving the Energetic Consciousness. The first impact with this 'new' approach was really strong for both of us, and I immediately asked the opinion of Pietro Roat, who supported me to keep on with my work. Then I discovered a specific sound for each of these 'external elements' and made some cards, which have been extremely useful to confirm the accuracy of my perceptions.

### **Constitutional Terrains**

After this first experience, I found the presence of 'external elements' in many other clients. These 'external elements' are able to interfere both with a good state of health and a balanced energy flow along the Meridians. Since these 'external elements' responded to the Yoshimoto Pathogen Sensor<sup>2</sup>, I started asking myself a lot of questions. How was it possible that I perceived the presence of 'external elements', which at that time I called 'viruses', in so many clients? Luckily, during the treatments, the clients themselves reported to me very detailed indications, which often corresponded to what I was sensing. This fact encouraged me to go on with the research.

Since similar cases were increasing exponentially, I asked the opinion of two homeopaths, who had much experience in working with viruses, Dr. Alvise D'Amico and Dr. Roberto Sansoni. Both of them confirmed the possibility that I had 'met' and treated some active frequencies related to syphilis and gonorrhoea. They also told me that the number of similar cases I discovered actually was average.

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<sup>1</sup> See in *Chronic Diseases (1828)*, an explanation of the origin of chronic diseases according to the theory of miasms, together with a compilation of "homoeopathic proving" reports, published in five volumes during the 1830s.

<sup>2</sup> See page 5 in the Practitioner's Reference Manual of the book *Shin So Shiatsu - Healing the Deeper Meridian Systems*, by Tetsuro Saito.

Later they explained the existence of four strains of inherited viruses, which determine the Constitutional Terrains of a person, by keeping a specific frequency active in the human body.

In the last few years they also detected other different types of not yet specifically catalogued viruses, which can alter the entire system of the human body and can often activate the frequencies connected to the inherited virus strains, which are always quietly present in our bodies.

The Constitutional Terrains are:

- Syphilitic (syphilis)
- Sycotic (gonorrhoea)
- Tuberculin (tuberculosis)
- Psoric (scabies)

There is also a correspondence between the Constitutional Terrains and the four Homeopathic Constitutional Types:

- The Syphilitic Constitutional Terrain prevails in the Fluoric Constitution
- The Sycotic Constitutional Terrain prevails in the Carbonic Constitution
- The Tuberculin Constitutional Terrain prevails in the Phosphoric Constitution
- The Psoric Constitutional Terrain prevails in the Sulphuric Constitution

During my research, everything became clearer after Pietro showed me the 'Shin So Shiatsu Cards'<sup>3</sup> and suggested to ask Dr. Alvise D'Amico to write the names of the viruses on new cards, in order to have a tool to verify and catalogue my different perceptions of energy.

Together with Francesca Banti I developed other similar cards to confirm the presence of Entities in the human body. Even if they always responded to the Yoshimoto Pathogen Sensor, the Entities were energetically quite different in comparison to the Constitutional Terrains. After the 'Constitutional Terrain Cards', I also created the 'Internal Entity Card' and the 'External Entity Card', and from that moment my work got much clearer: I finally got the confirmation that what I was feeling was real and I could also give a name to all my perceptions.

## **External and Internal Entities**

Until now I have been only able to make suppositions regarding the nature of External and Internal Entities. I noticed that they are often both connected between them and located in the same areas of the human body. They can manifest at the same time, even if the External Entity more commonly manifests itself first. After its removal sometimes we can find the Internal Entity, which is often related to unsolved issues or old family trauma.

I believe the Internal Entity is a dissociated part of the physical and psychic unity of the person: a particular defense of the body to remove old trauma and to live with an

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<sup>3</sup> The 'Shin So Shiatsu Cards' were developed by Tetsuro Saito, with the contribution of some doctors, and they are used to diagnose specific diseases.

integrated consciousness in their daily life<sup>4</sup>. In fact, almost all my clients told me they were abused or had trauma during their childhood, and these bad experiences came to surface as intuitions, fragmentary sensations or specific memories during or after the shiatsu treatments.

It also seems that some peculiar External Entities, which are located in the same areas of the body of the Internal ones, have the function to maintain the defensive structure of one person unaltered.

### **The sounds to diagnose the Constitutional Terrains**

Syphilitic      “Go”

Sycotic        “Pu”

Tuberculin    “Ru”

Psoric         “Fe”

### **The sounds to diagnose the External and Internal Entities**

External Entities    “Ja”

Internal Entities<sup>5</sup>    “Jj”

### **The Constitutional Terrains Cards**

These cards are four and we use them to confirm our diagnosis.

### **The External and Internal Entities Cards**

These cards are two and we use them to confirm our diagnosis.

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<sup>4</sup> See the Theoretical Approach on Trauma-related Dissociation of the Personality and Treatment Model, by Onno van der Hart, Ph. D.

<sup>5</sup> The sound to diagnose the Internal Entities was discovered by Federica Burrioni, a Shin So Shiatsu Practitioner from Tuscany.

## Diagnosing the Constitutional Terrains

First, perform the entire Shin So Shiatsu protocol to diagnose the presence of any energetic imbalance in the body. Second, you can diagnose the Constitutional Terrain(s) and the presence of any active frequencies related to the four inherited viruses. Remember you always have to diagnose the Chakra System, as well.

### INSTRUCTIONS

1. Place your Yoshimoto Pathogen Sensor on the palm of the patient's hand and imagine the sound of each Constitutional Terrain. A *sticky* response to Finger Test indicates the Constitutional Terrain(s) of the patient.
2. With your Yoshimoto Pathogen Sensor scan the palm and the back of the patient's hand, from the fingertips to the wrist, imagining the sound of the Constitutional Terrain you have diagnosed. A *sticky* response will allow you to map on the hand the areas of the body where the inherited virus is active. (If the inherited virus was active, you should treat the Constitutional Terrain).
3. It's possible to confirm the accuracy of your diagnosis using the Constitutional Terrains Cards.

## Treating the Constitutional Terrains

You should always start the treatment from the patient's back.

### INSTRUCTIONS

1. Slide your Yoshimoto Pathogen Sensor along the spine and all the areas of the body, from the the head down to the sacrum, imagining the sound of each Constitutional Terrain. A *sticky* response indicates the areas to treat. By using the Constitutional Terrains Cards your diagnosis can be confirmed.
2. Start moving your Yoshimoto Pathogen Sensor from above the patient's body and get closer to it, pointing the area you have to treat and stop at the distance you will detect *sticky*. Send *seiki* into the area, imagining the sound "Kee" (the Cosmic Energy Sound)<sup>6</sup> while you inhale. Continue until you get the response *smooth* to the Finger Test. Repeat the same procedure, distance by distance, until you get in contact with the body of the patient.
3. Determine the presence of *jaki* on the same area, using the different Jaki Sensors shown in the next page. One of the three sensors may elicit a *sticky* response. In this case you have to remove *jaki* from the area, by tapping and imagining the sound "AO", until you get the response *smooth*.
4. Repeat the entire procedure on all the areas of the back and finish on the sacrum.

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<sup>6</sup> The sound of the Cosmic Energy was discovered by Tetsuro Saito, while researching the three main types of energy flowing along the Meridians in the human body. As well as the sound "Kee" of the Cosmic Energy, he also found the sound "Noh" of the Prenatal Energy and the sound "La" for the Nutritional one. The results of his research were presented in Italy in July 2016, during a workshop in Rome.

5. Check the presence of *jaki* along the spine. If necessary, remove *jaky* by using the Shin So Shiatsu Protocol. Then, check the presence of *jaki* on the Shin So Shiatsu Regular Meridian Belt Zones of the Back<sup>7</sup>, and remove *jaki* when it's present, always by using the Shin So Shiatsu Protocol for the *jaki* removal.
6. Ask the patient to turn on their back in a supine position. Diagnose all the areas to treat, by using the Finger Test and imagining the sound of each Constitutional Terrain. Repeat points 2.) and 3.) on all the areas you have just diagnosed.
7. Once you have carefully removed the inherited virus and *jaki* from all the areas of the body, you can proceed with a general shiatsu treatment.
8. At the end of the treatment all the Energetic Meridians Systems and the Chakra System should be balanced.



The three Jaki Sensors

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<sup>7</sup> See page 8 in the Practitioner's Reference Manual of the book *Shin So Shiatsu - Healing the Deeper Meridian Systems*, by Tetsuro Saito.

## **Diagnosing the External and Internal Entities**

To diagnose the presence of External and Internal Entities, please use the specific sounds “Ja” and “Jj”.

### **INSTRUCTIONS**

1. Place your Yoshimoto Pathogen Sensor on the palm of the patient’s hand and imagine the sound of the External and Internal Entities. A *sticky* response indicates if one entity, or both, are present in the body of the client.
2. With your Yoshimoto Pathogen Sensor scan the palm and the back of the patient’s hand, from the fingertips to the wrist, imagining the sound of the External or Internal Entity you have diagnosed. A *sticky* response will indicate the areas of the body where the Entity is active. (If one Entity was active, you should treat it).
1. Your diagnosis can be confirmed by using the External and Internal Entities Cards.

## **Treating the External and Internal Entities**

The treatment will be performed in the same way of the Constitutional Terrains’ one.

## Remarks

In case you should treat both the Constitutional Terrains and the Entities, always start with treating the Constitutional Terrains, then the External Entities and finally the Internal ones.

At the end of the shiatsu treatment, remember to check if there is still *jaki* along Stomach Meridian on the left client's leg and remove it if needed. Then scan along the pathway of the Stomach Meridian, using your Constitutional Terrains and Entities Cards. In case of a *sticky* response, treat the active areas performing the protocol for treating the Constitutional Terrains and the Entities as described above.

When a Constitutional Terrain is active in the body of a client, in most cases their energy imbalance reaches the Oceans System and sometimes the Cosmic one.

The Constitutional Terrains and the Entities Treatment is always quite intense and the clients often report to be very tired at the end of the treatment, as a result of an entire reorganization of their body, almost a cellular rebalance with strong physical and powerful psychological effects. After the treatment clients may also have some emotional reactions with particular dreams or intuitions connected to their old emotional past.

Over the last months I have noticed a further phenomenon: even if the initial diagnosis showed the presence of External Entities in the body, I couldn't map their presence in any area of the client's body. Using the External Entity Card I started to test all the body's areas of the client and I got a *sticky* response on a shoulder or a hip. After plenty of similar experiences I started asking directly to the clients what they felt and thought about such entities. Their answer was immediate: deceased relatives. After I found that, using the Yoshimoto Pathogen Sensor and imagining the name of the deceased relative, I got a *sticky* response to the Finger Test. After treating the clients using the same protocol for the External Entities described above, I asked them to think which function could represent this presence in that particular moment of their life. This experience also revealed something extremely interesting: I noticed that if the relationship between the client and the deceased relative is good, after one treatment the entity will never appear again; in case there are some unsolved or unclear issues, this particular External Entity will manifest itself again and it may cause pain and structural diseases.

## Conclusions

I have dedicated myself to this research for more than a year, but it's still an experimental phase: we still have so many things to understand!

So far I can affirm that the treatment of these particular phenomena is really deep and effective, both in case of structural diseases and organ problems. When some Constitutional Terrains or some Entities are active in the body, I found that thanks to this 'new' approach the results are deeper and faster than using all the other Shin So Shiatsu Protocols.

Finally, thanks to this particular treatment approach, a lot of clients became aware of some of their old trauma and they could be able to get rid of old baggage or prisons, to start a new life journey.